

Strategy of recreational anglers and estimated eel (*Anguilla anguilla*) catches in a large European catchment basin, the Loire (France)

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Received September 25, 2008 / Reçu le 25 septembre 2008

Revised January 20, 2009 / Révisé le 20 janvier 2009

Accepted February 9, 2009 / Accepté le 9 février 2009

ABSTRACT

Key-words:
eel, catch,
angler,
estimation,
survey

The European Council Regulation (18 September 2007) for the recovery of eel stocks required European states to report on eel stocks and anthropic mortalities. The data sources for France reveal gaps in our knowledge about angling in the public domain, and catches from privately-owned rivers. We tested a simple method, using a survey, for estimating the strategy employed and the catches landed by the 350 000 anglers fishing in the Loire catchment area. The first findings show that the answers of the fishermen varied between 1 and 2% in the *departments* with the most eels, and between 0.1 and 0.2% in the *departments* located further upstream. The interest in eel fishing, the average weight of the eels caught by the fishermen, and the total catch all decreased from downstream to upstream. Finally, we estimated the annual average weight of eel caught by anglers, which ranged from 0.8 to 5.3 kg per year depending on the *department* and the local interest in eel fishing. This preliminary study shows that it is possible to estimate the different fishing strategies used and the quantities caught by means of a survey.

RÉSUMÉ

Stratégie et estimation des captures d'anguilles (*Anguilla anguilla*) par les pêcheurs amateurs aux lignes dans un grand bassin versant européen, la Loire (France)

Mots-clés :
anguille,
capture,
pêcheur aux
lignes,
estimation,
questionnaire

Le règlement européen (n° 1100/2007 du Conseil du 18 septembre 2007) relatif à l'élaboration d'un plan de gestion de l'anguille et instituant des mesures de reconstitution du stock d'anguilles européennes spécifie de déclarer l'état des stocks et les mortalités anthropiques. Les sources de données pour la France montrent des lacunes dans nos connaissances concernant les pêcheurs amateurs aux lignes et leurs captures sur le domaine public et privé. Nous avons testé un simple questionnaire pour estimer la stratégie employée et les captures des 350 000 pêcheurs amateurs aux lignes du bassin versant de la Loire. Les premiers résultats montrent que les réponses des pêcheurs varient entre 1 et 2 % pour les départements où l'anguille est abondante, entre 0,1 et 0,2 % dans ceux localisés plus en amont. L'intérêt dans la pêche à l'anguille, le poids moyen des anguilles capturées et les

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captures totales par les pêcheurs diminuent de l'aval à l'amont. Finalement, nous pouvons estimer les captures annuelles individuelles qui varient de 0,8 à 5,3 kg en fonction des départements et de l'intérêt pour pêcher l'anguille. Cette étude préliminaire permet de montrer qu'il est possible d'estimer les différentes stratégies des pêcheurs amateurs aux lignes et leurs captures à l'aide de simples questionnaires.

INTRODUCTION

The European eel is an important resource in terms of conservation, ecology and socio-economic considerations (Baisez and Laffaille, 2005). All continental stages (from the glass eel to the silver eel) are harvested with a mean annual global production of around 20 000 metric tons of eel, corresponding to 2 billion individual eels caught per year for the whole of Europe (Dekker, 2000). In France, eel is the main catch for 776 professional fishermen, 580 of whom operate in freshwater (Changeux, 2002). This species interests around 1.5 million recreational anglers, 350 000 of whom fish in the Loire catchment area. Since the 1980s, the abundance of the European eel has declined throughout its distribution range (Moriarty and Dekker, 1997; Dekker, 2003). ICES recently recommended that all means should be taken to restore the depleted stocks, at all biological stages. A stock recovery plan is urgently needed (ICES, 1999), including sustainable management (Rosell *et al.*, 2005). It is now apparent that effective networks are essential to monitor changes in the situation of this species in order to assess the impact of the management strategies implemented, and to make it possible to preserve fishing rights and sustainable fisheries in the long term. An eel report card seemed to be the best way to measure the impact of the management measures, and to provide advice about the eel population situation, taking into account the mortality of the species on the scale of the catchment area (Baisez and Laffaille, 2005).

With regard to the continental yellow eel stage in the Loire, the eel distribution could be obtained from the sampling network of the ONEMA (the French National Office for Water and the Aquatic Environment), which covers 135 sites around the Loire catchment basin. This identified the most important eel sectors, and provided an indication of current densities, and of spatial and temporal trends (Lasne *et al.*, 2007; Lasne and Laffaille, 2008). These densities made it possible to identify the administrative areas (*departments*) around the Loire that were most implicated in the management of the species. The other *departments*, with few eels or none at all, are generally located upstream of the catchment area. Some of them include sections of rivers that are isolated by insurmountable dams.

With the development of the leisure society, for some species recreational fishing is becoming more profitable than commercial and industrial exploitation. The assessment of the impact of anglers on fish stocks is a very controversial issue (Coleman *et al.*, 2004; Arlinghaus *et al.*, 2005; Morales-Nin *et al.*, 2005). Recreational fishing is one of the most popular leisure activities in coastal zones; it involves large numbers of people, and consequently high levels of fishing, which may outweigh commercial fishing. Finally, commercial and recreational fishing have similar demographic and ecological effects on the populations fished, and they can have equally serious ecological and economic consequences. The catches of eels made by professional fishermen and by recreational anglers using traps are relatively well-established in France (national survey). However, little is known about the pressure of recreational line fishing on the European scale, and especially in the Loire basin, although there have been some local attempts to estimate the fishing pressure of anglers on eel in France (see Working Group on Eel, 2008). Recreational fishing has economic, social and cultural roles. Finally, recreational fishing must clearly be taken into account when considering the measures for managing fisheries introduced since the establishment of the eel management plan at the EU level (Council Regulation EC No 1100/2007 of 18 September 2007).

So far, there has been little investigation of recreational eel fishing, although this has not prevented the introduction of some management measures. The aim of this study was

therefore to contribute to knowledge about the current exploitation of eel by recreational fishing on the scale of the catchment area, and hence to provide essential management data (Coleman *et al.*, 2004; Morales-Nin *et al.*, 2005). In 2005, the eel report card on the Loire catchment area (Baisez and Laffaille, 2005) included centralized assessments of anglers' fishing data, and especially relating to recreational line fishing. This investigation was commissioned by the Loire basin Board of Management of Migratory Fish, who wanted to find out the size of the eel catches taken by members of angling clubs (who use lines in the public areas, and are allowed to use traps on private stretches of rivers). This study presents this investigation and the first results.

The principle of the investigation was to describe the strategies used and the catches taken in the different *departments* by taking into account the number and characteristics of the recreational anglers using lines, and of the eels they caught. The five aspects used to determine this indicator were as follows:

- (1) Characteristics of the recreational angler;
- (2) Estimate of the mean annual catch landed per angler according to the *department* and the characteristics of the angler;
- (3) Estimate of the mean weight of the eels caught;
- (4) Extrapolation of these catches and weights to all the anglers fishing on the *department* scale;
- (5) Estimate on the scale of the whole Loire catchment basin.

MATERIALS AND METHODS

> STUDY AREA

The Loire is the longest French river (1012 km long), and drains a 118 000-km² catchment area (Figure 1). The total length of the river network is estimated to be 107 000 km. The main axis of the basin (*i.e.* the Loire River, and its main upstream tributary, the Allier River) is less regulated and presents better longitudinal connectivity than the other tributaries (including large rivers), some of which are substantially impeded. The Loire itself is a relatively free-flowing river, and there are no significant barriers to migration in its lower reaches (the first one is > 500 km upstream of the tidal limit). Consequently, the Loire basin is often considered as being less impacted than other large river systems in Europe (Lasne *et al.*, 2007). In contrast, most of its tributaries have been largely regulated by barriers that fish may or may not be able to get through. For example, the density of weirs or vertical dams is particularly high (> 25 per 100 km) in the main part of the Maine catchment area, even in the most downstream reaches (the first weir is located only 7 km upstream of the confluence with the Loire River). This territory extends over 28 local administrative areas, known as *departments* (Figure 1).

> DATA SET

On the *department* scale, the different federations of anglers taking part in this project contacted their members directly or indirectly, *via* the local angling clubs. The survey was launched in 2004 over the whole of the catchment area, and the first results were scheduled for 2005. Four questions were addressed:

- How the angler categorized him- or herself (three categories: never interested in eel; occasionally interested in eel; often interested in eel);
- Fishing methods used (multi-species, eel-specific, or both);
- Number of fishing days in 2004;
- Number and weight (kg) of eels fished in 2004.

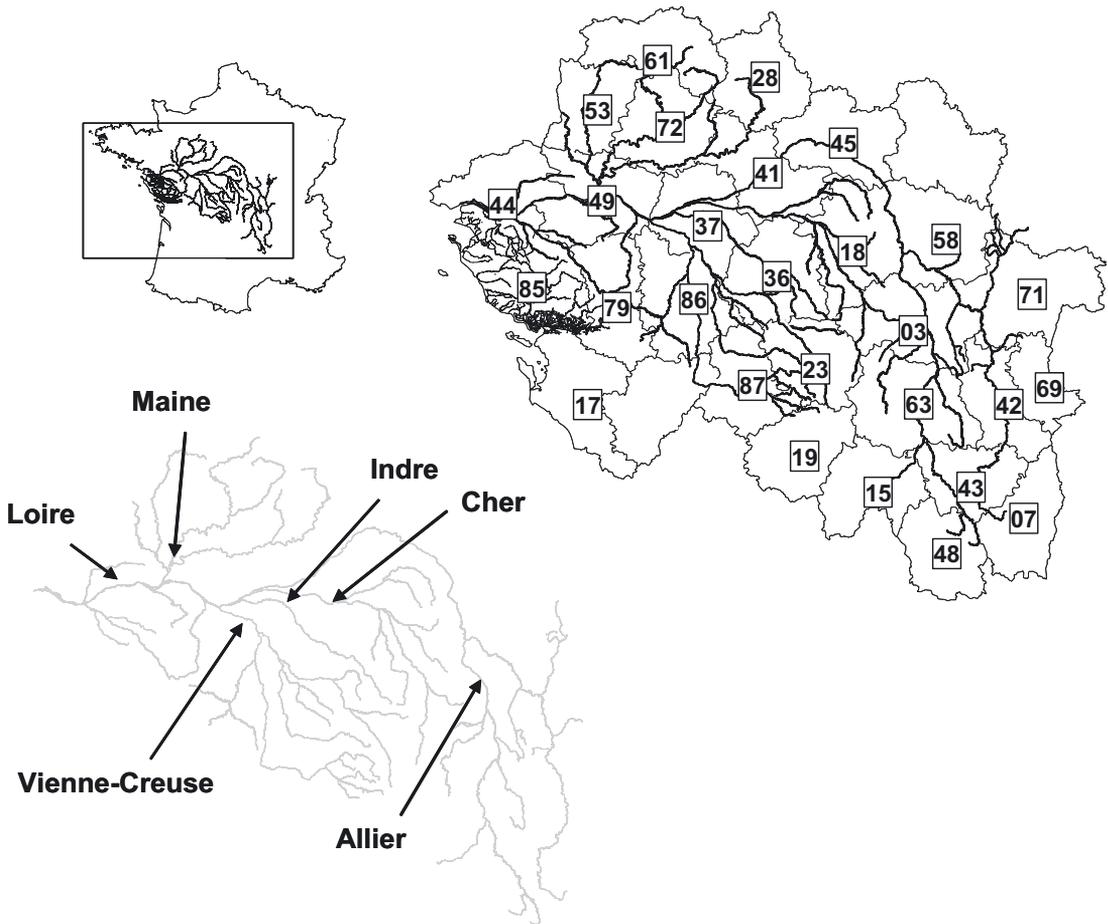


Figure 1
 Location of the study site, showing with number of departments and mean rivers.

Figure 1. Localisation du site d'étude, des départements (n°) et des principales rivières.

The survey was conducted on a voluntary basis. The stratification on the large scale compensated for the bias introduced by the fact that more answers were provided by the anglers who were more interested in eel. The methods used made it possible to decide whether the stratification of the anglers corresponded to the techniques chosen, and the success rate of the fishing sessions.

The number of fishing days gave a more accurate assessment of the meaning of the three categories in terms of fishing effort. The total number of anglers was known from the number of annual individual permits issued (compulsory fees are payable in freshwater zones in order to be allowed to fish). In the *departments* taken into account, it was possible to estimate the total weight of eel landed: number of fishermen \times percentage of fishermen per category \times mean weight of eels fished. Finally, the number and weight of the eel caught were used to estimate the total catch for the entire Loire basin (= total number of anglers \times mean weight of eel fished per angler).

RESULTS

> THE ANSWERS

In 2005, nine federations, representing about 145 000 anglers, provided interpretable answers to the questions about the characteristics of the anglers, but only six responded to

Table I

Total number of anglers and of answers provided according to department.

Tableau 1

Nombre total de pêcheurs amateurs aux lignes et des réponses apportées aux questionnaires en fonction des départements.

Name and (n°) of department	Number of anglers	Number of answers			Number of fishing days
		Fishermen category	Fishing method	Biomass of eels	
Allier (3)	12 662	23	23	24	
Indre (36)	8581	143	143	142	
Indre-et-Loire (37)	15 330	162	161	161	
Loir-et-Cher (41)	7532	55	55	55	55
Loire-Atlantique (44)	22 778	13 801	323	309	232
Maine-et-Loire (49)	29 847	8748			
Mayenne (53)	10 800	107	87	93	106
Sarthe (72)	22 260	9550			
Vendée (85)	14 957	188	123		
Total	144 747	32 777	915	784	393

all the questions. The percentages of answers compared with the number of members surveyed varied depending on the *departments* and questions concerned (Table I). The highest proportions of answers were obtained for the question about angler characteristics in three *departments*: Loire-Atlantique (61%), Sarthe (43%) and Maine-et-Loire (29%). The percentages of other answers ranged from 0.1 to 2%, depending on the question asked and the *department* concerned.

> ANGLER CHARACTERISTICS

Variable category

The anglers in the Loire basin were not equally stratified in each *department* (Table II; $\chi^2 = 1233.6$, $P < 0.001$). Furthermore, the proportion of anglers who were never (nearly 1/3 of anglers on average) or only occasionally interested in eel (more than half of the anglers on average) was not correlated with the longitudinal gradient of the Loire catchment area (Spearman's correlation test, $r = 0.42$, $P = 0.25$ and $r = 0.13$, $P = 0.74$, respectively). In contrast, the proportion of anglers often interested in eel was closely correlated with this longitudinal distribution (Spearman's correlation test, $r = -0.76$, $P = 0.02$). They accounted for about 20% of the anglers fishing less than 100 km from the sea, and less than 10% of those fishing 200 km upstream.

The methods used by the different categories of anglers

The methods that target multi-species were those most often used by anglers in general (Table III). However, the distribution of the methods was different in the three categories ($\chi^2 = 25.66$, $P < 0.001$). This showed that multi-species techniques were used more often by anglers who were never interested in eel (by 80% of them). The distribution of techniques used by the other two categories was the same ($\chi^2 = 1.38$, $P = 0.50$).

Table II

Mean distance of the department from the tidal limit, and percentage of anglers who are considered to belong to the department. Never: never interested in eel; Occasionally: occasionally interested in eel; Often: often interested in eel.

Tableau II

Distance moyenne de chaque département à la limite tidale et pourcentage de pêcheurs aux lignes en fonction de leur intérêt à pêcher l'anguille. Never : jamais intéressé par l'anguille ; Occasionally : occasionnellement intéressé par l'anguille ; Often : souvent intéressé par l'anguille.

Name and (n°) of department	Distance	Never	Occasionally	Often
Allier (3)	550	43	52	4
Indre (36)	290	41	57	2
Indre-et-Loire (37)	200	42	46	12
Loir-et-Cher (41)	250	20	71	8
Loire-Atlantique (44)	0	14	67	19
Maine-et-Loire (49)	80	30	53	17
Mayenne (53)	160	43	55	2
Sarthe (72)	200	15	69	15
Vendée (85)	50	36	47	18
<i>Mean ± sd</i>		<i>32 ± 12</i>	<i>58 ± 10</i>	<i>11 ± 7</i>

Table III

Percentages of fishing techniques used (multispecies, eel specific or both) according to categories of angler.

Tableau III

Pourcentages des techniques de pêche utilisées par les différentes catégories de pêcheurs (multi-espèce, spécifique à l'anguille ou les deux).

	Never	Occasionally	Often
Multi fish species	80.4	61.4	61.0
Eel specific	3.6	15.4	11.9
Both	16.0	23.2	27.1

The annual fishing effort

The number of fishing days significantly increased (ANOVA, $F = 45.78$, $P < 0.001$; Tukey post-test, all $P < 0.001$) with the interest of the anglers in eel: 0.1 ± 0.7 days for anglers who were never interested, 9.3 ± 14.2 days for those who were occasionally interested, and 40.4 ± 62.5 days for those who were often interested.

The quantity caught

The annual mean quantity caught by each angler increased significantly with his interest in the species (ANOVA, $F = 45.90$, $P < 0.001$; Tukey post-test, all $P < 0.001$). It ranged from less than 1 kg per angler and per year for those who were never interested in eel, to more than 5 kg per angler and per year for those who were often interested in eel (Table IV). In contrast, for each category of angler, this quantity did not vary between departments (ANOVA,

Table IV

Mean \pm sd of weight (kg) of eels fished in 2004 according to department and the category of angler.

Tableau IV

Poids moyen (kg \pm écart-type) des anguilles capturées en 2004 en fonction des départements et des catégories de pêcheurs.

Name and (n°) of department	Never	Occasionally	Often
Allier (3)	1.3 \pm 1.4	5.0 \pm 6.7	3.3 \pm 1.2
Indre (36)	0.6 \pm 2.0	3.1 \pm 6.2	17.0 \pm 19.0
Indre-et-Loire (37)	0.5 \pm 2.3	2.6 \pm 7.5	2.1 \pm 5.6
Loir-et-Cher (41)	1.7 \pm 2.9	2.5 \pm 3.3	3.5 \pm 4.4
Loir-Atlantique (44)	0.5 \pm 1.3	2.2 \pm 4.6	8.6 \pm 21.1
Mayenne (53)	0.2 \pm 0.4	2.2 \pm 4.1	3.6 \pm 5.4
Mean \pm sd	0.8 \pm 1.5	2.5 \pm 5.4	5.3 \pm 14.5

all $P > 0.05$), even though anglers looking specifically for eel in Loire-Atlantique and Indre seemed to be more successful.

In the six *departments* taken into account, it was possible to estimate the total quantity of eels landed. This ranged from 15 metric tons in Mayenne, to more than 70 metric tons in Loire-Atlantique, which corresponded to a mean annual catch of about 2.37 ± 0.78 kg by anglers. If extrapolated to the entire Loire basin, the total biomass caught in 2004 by the anglers was about 830 ± 272 metric tons.

Eel characteristics

The mean weight of the eels caught ranged from 0.4 kg in Loire-Atlantique to 1.2 kg in the Allier (Figure 2). This mean weight was correlated with the distance from the sea (Spearman's correlation test, $r = 0.99$, $P = 0.003$).

DISCUSSION

There are currently 1.5 million anglers in France, which makes recreational fishery very important, and it clearly has economic, social and cultural roles. If the quantity of eels caught by professional fishermen is relatively well established for the estuaries (Castelnaud *et al.*, 1994), and is beginning to be known in freshwater (Feunteun *et al.*, 2008), the catches taken by anglers remain totally unknown on a large scale like the Loire catchment basin. However, anglers outnumber professional fishermen. Despite several sources of bias (the limited number of *departments* taken into account, a low return rate since the survey was completed on a voluntary basis, reliance on anglers' memories, *etc.*), this first study shows that it is possible to assess the different angling strategies and the quantity caught by means of a survey. Even though the sample was very small relative to the total angler population, stratification shows that the angler population was representative, particularly in three local areas (Loire-Atlantique, Maine-et-Loire and Sarthe). This approach needs to be developed, but the answer rate varied from 29 to 61% of the angler population, assuming that the other stratifications and findings were relevant.

It emerged that for more than half of the recreational anglers from the line fishing association, eel was not the main target species, but simply an occasional species caught on 10 days a year. The anglers who were often interested by this species spent more time, nearly 40 days

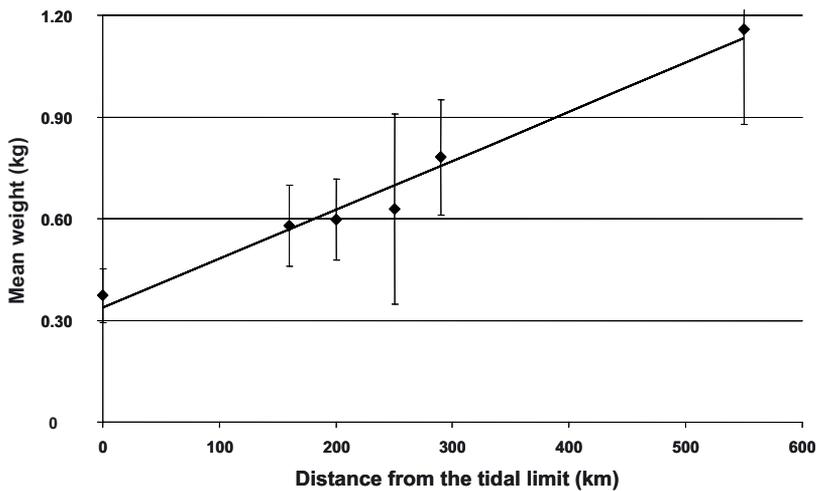


Figure 2

Mean weight of eel caught ($\text{kg} \pm \text{sd}$) vs. distance from the tidal limit (km).

Figure 2. Poids moyen des anguilles capturées ($\text{kg} \pm \text{écart-type}$) en fonction de la distance à la limite tidale (km).

mean biomass caught by the anglers increased in relation to the anglers' interest in eel. The mean biomass is around 2.5 kg per fishermen per year, but it can easily exceed 10 kg per year for some anglers who look especially for eel, even in the *departments* far from the sea (for example, the Allier). The interest of anglers in eel was greater in the coastal *departments* (Loire-Atlantique and Vendée). Indeed, eel is present in high density in the coastal marshes, where it has been shown recently to constitute more than 50% of the fish biomass (Feunteun *et al.*, 1999). In these areas (such as the “marais de Brière”, “marais Breton Vendéen”, “marais Poitevin”, *etc.*) the eel has a high conservation value (Laffaille *et al.*, 2004; Baisez and Laffaille, 2005). In fact, various methods of catching eel (line and trap fishing, extensive production in ponds, *etc.*) have been used since the creation of these systems (Feunteun *et al.*, 1999). This eel fishing was, and still is in some areas, a reason justifying the regular management of marsh waters. Habitat restoration is rarely used to restore eel stocks, despite the belief that habitat degradation is one of the causes of the decline in population. According to Feunteun (2002), this would probably be one of the most promising ways of restoring inland eel stocks. There is also a high level of interest in eel in the *departments* situated along the Loire River, which is free of obstacles to colonization, and which still has a high density of eel (Lasne and Laffaille, 2008). This interest decreases with the distance from the sea.

The mean weight of eels caught by anglers increased from downstream to upstream in the Loire catchment area. This observation is totally consistent with the distribution of the length (and, by consequence, of the biomass) of the eel in the catchment area as a whole (Rigaud *et al.*, 2008), and notably in the Loire River (Lasne and Laffaille, 2008).

An assessment of the fishing pressure exerted by anglers on eel has been set up in France (Working Group on Eel, 2008). The total catch of eel landed by French anglers is estimated to be around 500 metric tons·year⁻¹, with only 140 metric tons·year⁻¹ for the Loire basin. This estimate is much lower than our data, because of important differences in this previous study: (1) the mean weight of the eel (less than 130 g); (2) the time devoted to fishing (17 fishing sessions per angler, for anglers fishing for eels at least once a year); and (3) the mean biomass per catch (only 0.03 eel per session in *departments* in which eel are marginal, such as Allier). Moreover, there were fewer than 35 000 eel anglers (anglers fishing for eels at least once a year) in the Loire basin. These authors probably only took into account the anglers interested in eel (our last category), who are not very numerous. Our study shows

that eels are most often an accessory catch, but that they are always kept once caught, and that a lot of anglers are involved.

Another study was carried out by the ONEMA service in 2002 in the local area of Loire-Atlantique (Changeux *et al.*, 2003). They stratified the anglers into five categories on the basis of the gear used and their interest in eel fishing. The sample represented 3.7% of the anglers in the area ($N = 833$). Their catches ranged from 0.06 to 8.42 eels per angler, with mean length of eels caught of about 50 cm (mean weight about 250 g). These observations indicate that the interest these anglers showed in eel fishing was highly variable. The mean number of fishing sessions was comparable with ours: 38 fishing sessions per year. Finally, the total catch was estimated to be 66 metric tons per year for this local area, which was very close to our estimations.

Compared with other fishing activities, our results show that recreational eel fishing activity is very low on the individual scale, but that many anglers fall into this category. Professional fishermen of glass eels catch on average 132 to 200 kg per fisherman per year (there are approximately 400 fishermen). The professional fishermen of yellow eels catch 150 kg per year per fisherman in the maritime zone (where there are 30 professional fishermen targeting eels), and 600 kg per year per fisherman in the freshwater zone (there are 80 of them). The professional fishermen targeting silver eels land on average 4000 kg per fisherman per year (there are currently 13 working fishermen). Some recreational fishermen also use traps (they number about 3000). They are especially covered by a national survey, which indicates an average catch of 10 kg per fisherman per year. Unfortunately, other sources of mortality have not been measured.

The simple stratification into three categories of anglers is rather relative, since the terms used in the question “Are you interested in catching eel often, occasionally or never?” were not explicitly quantified. However, this has allowed us to obtain more information, and the definition of the terms appeared to be more reliable than might be supposed, as demonstrated by the distribution per category as a proportion of the number of times when the angler was looking for eel. (This simple stratification allowed us to view the answers as being representative of the whole population of anglers). The preliminary results (the spatial distribution of the angler categories, the time devoted to eel catching by the various categories of anglers, the mean quantities caught by each category of angler, the spatial distribution of the mean eel weight landed) highlighted the consistency of the stratification, which was based on the assumption that the fishing effort, the fishing techniques used and the catches taken were related to the interest that the anglers had in the species.

To improve the accuracy and precision of the results, specific attention will henceforth be devoted to stratification, and especially to increasing the number of answers returned, and the representativeness of the rivers to which the answers relate. Two questions could determine the robustness of the sampling in order to improve the representativeness of the angler population: “Where do the anglers fish (in which rivers)?” and “How many anglers fish in each river?”. With regard to how to display the survey, it could be modified in two steps. The first would be to stratify as many anglers as possible into the three categories (using the annual individual fishing permit, for instance). The second would be to ask some of them (a survey of the anglers) by phone or by letter to answer the entire survey. The anglers contacted would be chosen on the basis of the category to which they assign themselves, and the river where they fish.

The data we have obtained has made it possible to estimate eel catches for the whole of the Loire basin. The first estimation obtained in this study is about 830 metric tons·year⁻¹, but the associated standard deviation is high, and this estimation needs to be assessed more accurately. The results show a clear relationship between the catch per *department* and the local characteristics of the eel population, *i.e.* the change in the average weight (or size) along the downstream to upstream gradient, and the decrease in abundance along this same gradient (for example, see Lasne and Laffaille 2008). These results highlight the limitations of the estimation, since the rivers close to the sea were systematically compared with zones with high densities of eels, without taking into account the parameters

of accessibility. In order to improve the robustness of the estimation, it is therefore necessary to obtain further information about territories where eel is of particular interest, such as the Maine and Vienne basins, but also in the upstream zones, where eel catches have probably been overestimated.

ACKNOWLEDGEMENTS

This work could not have been done without the help of the angling federation and the angling clubs of Allier (A.M. Minster), Indre (B. Barbey), Indre-et-Loire (G. Ricou), Loir-et-Cher (I. Parot), Loire-Atlantique (V. Mouren), Maine-et-Loire (Y. Nicolas), Mayenne (M.L. Piau), Sarthe (A. Dieu) and Vendée (D. Bouron). The contributions of the recreational anglers who responded to the survey have been considerable. We would also like to thank the Water Agency, the “Loire Public Establishment”, the Pays de la Loire Region and the LOGRAMI association, who funded the eel report card. We thank the anonymous reviewers for their many helpful suggestions.

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